

Boulder Zen Center

Dharma Sangha Boulder

www.boulderzen.org

For more info contact: Ryokan Gary Hardin
303-579-6272 gary@boulderzen.org

Located at the *Briar Rose Bed & Breakfast*
(Directly across Arapahoe Ave from Naropa University)
2151 Arapahoe Ave, Boulder, CO 80302 303.442.3007
www.briarrosebb.com info@briarrosebb.com
Certified Green Hotel, Organic Vegetarian Food, LGBTQ Friendly

The zendo is on the ground floor of the carriage house.

Zazen Schedule (you may come for all or any part; please come and go during kinhin – walking meditation)
please see boulderzen.org for more details

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
morning	6:00 zazen 6:40 kinhin 6:50 zazen 7:20 service 7:40 end		6:00 zazen 6:40 kinhin 6:50 zazen 7:20 service 7:40 end		6:00 zazen 6:40 kinhin 6:50 zazen 7:20 service 7:40 end	9:00 zazen 9:40 kinhin 9:50 lecture &/or discussion 10:45 end
evening				6:00 zazen 6:30 kinhin 6:40 zazen 7:10 end		

- The third Sunday of every month, we sit from 9am–5pm, with four 40-minute periods of zazen in the morning, and again in the afternoon (see website for more details).